

# 6 Nations Plus Challenge – Risk & Responsibility Statement

This document outlines the responsibilities, risks, and expectations associated with participation in the 6 Nations Plus Challenge 2026. By registering and taking part, participants confirm that they have read, understood, and accepted the contents of this statement.

## Activity Safety Overview

- Loch Lomond paddling is supported by qualified water safety boats and trained water safety personnel, with a clearly defined course and time window.
- The hill stage is a self-guided walk on a well-trodden route up The Cobbler. Maps and route details are provided, with defined turn-around times and assistance available via local mountain rescue if required.
- The final stage is a managed ascent inside The Kelpies, delivered by the official event operations team, using full safety harnesses and professional guidance.

## Participant Responsibility

Participants acknowledge that, except where activities are professionally managed as described above, the Event is not continuously supervised. Participants are responsible for their own decisions, fitness, equipment, pacing, and wellbeing throughout the Event.

## Assumption of Risk

I voluntarily accept the inherent risks associated with outdoor endurance activities, including injury, illness, weather exposure, slips, falls, and fatigue.

## Data & Retention

Any personal or medical information collected is used solely for safety and operational purposes and will be securely destroyed within 30 days after the Event.

**By registering, I confirm that I have read, understood, and agree to this Risk & Responsibility Statement.**